

HOTEL RESERVATIONS

Please make your hotel reservations prior to submitting your registration forms to DYNA.

Attendees must accept the DYNA Group Hotel Room Rate that is stated on the DYNA Forum Summer Chill Event Topic (no additional discounts will be eligible). The rate is not provided here as it is subject to change yearly. Please confirm that you are issued the current room rate by checking your forum communications or emailing our office.

Dulles-North Embassy Suites: 703-723-5300.

Embassy Suites: 1-800-Embassy.

(Reserve your room under:

DYNA Summer Chill Group.

Please make sure that you specify that you are reserving at the Embassy Suites Dulles-North as there are two Embassy Suites in the Dulles area).

QUESTIONS:

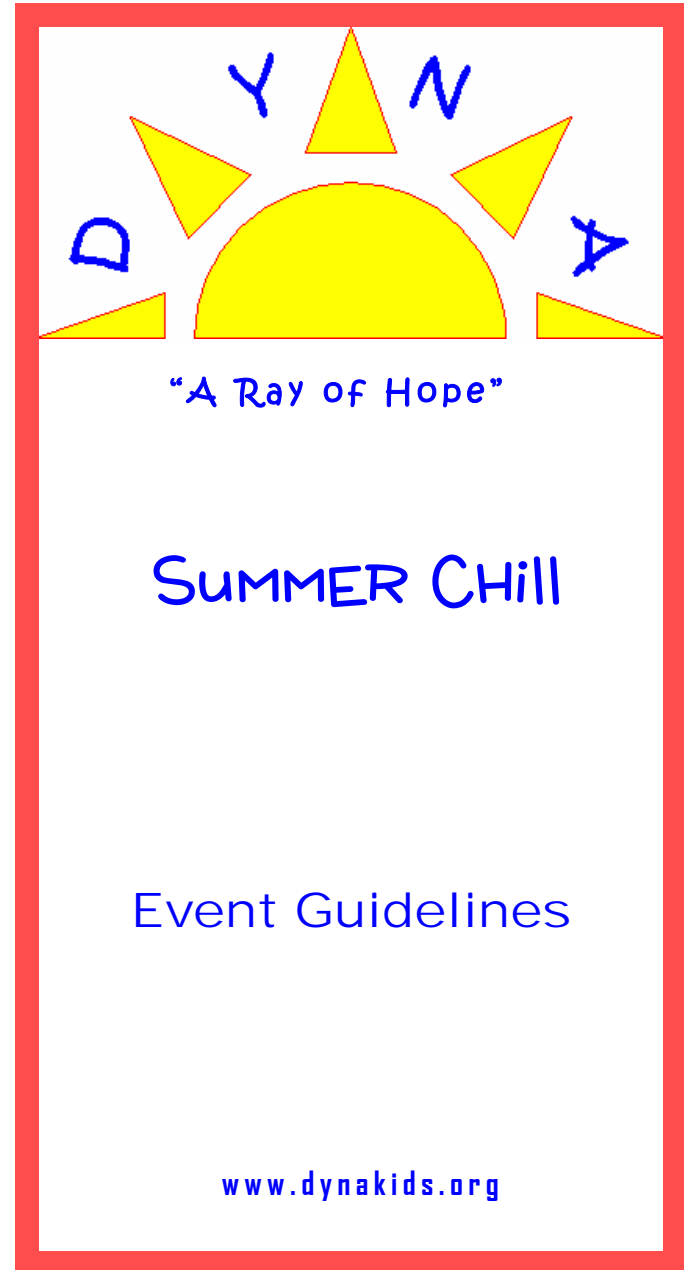
Please remember to check your email and our forum on a regular basis. **You must take the full responsibility for your DYNA Summer Chill communications - stay in touch with us!**



*Health is a state of being
that embraces not only the body,
but the mind and spirit as well.*

*Recovery is a process
that occurs within us and has
nothing to do with a cure.*

~Debra L. Dominelli, President, DYNA, Inc.



The DYNA Summer Chill is a **Private Event** that is only open to current DYNA forum members, their families, and physicians.

The Summer Chill offers registered/active DYNA youth members the companionship of understanding friends in a congenial, productive, supportive atmosphere. The Summer Chill promotes camaraderie, socialization, and interaction among DYNA families.

THE SUMMER CHILL IS NOT AN EVENT FOR INDIVIDUALS SEEKING A WEEKEND PARTY ATMOSPHERE.

Members who are still quite symptomatic (experiencing frequent fainting, regular seizures, sensory regulation issues, require wheel-chairs or other mobility devices, receive daily intravenous Therapy/ Parenteral Nutrition, and are unable to self evacuate a high rise hotel via stairs) must wait until their condition is under better control to attend this event. The Summer Chill is held yearly in order to allow very symptomatic members an opportunity to become better medically managed prior to attending.

Every other year, a main highlight of the Summer Chill is called the “Goofy Slipper Lecture on Dysautonomia”. This lecture is conducted by the leading physicians in the field of dysautonomia. To lighten the atmosphere, all DYNA youth members wear silly looking slippers to this casual and informative lecture. There is opportunity to interact with knowledgeable individuals and professionals and to gain up-to-date and accurate information on childhood dysautonomia conditions.

While DYNA can provide the Summer Chill *experience*, it is ultimately up to each individual and family to make the most of the event by networking, interacting and participating.

The health, safety and welfare of our youth members is first and foremost in our planning. Experience has taught us what works best during these events. Please follow the guidelines, which DYNA’s Board of Directors and Medical Advisory Board have put together to benefit the DYNA youth members – who are the focus of this event.

Before attending this event, all members and their families must review these **Event Guidelines** and make sure that they are willing to abide by them. All attendees will be asked to sign an **Event Agreement which includes a Behavior Agreement and a Photo / Audio Release Authorization**. Consequences of violating the Event Guidelines can result in one or more of the following actions: warning, time-out, dismissal from activity at hand, removal of DYNA membership privileges and/or expulsion from event. Refunds will not be provided.

SUMMER CHILL Location

LOCATION: Embassy Suites Dulles-North
44610 Waxpool Road
Dulles, VA 20147

Event Dates will be announced on the DYNA forum.

All attendees must reside at hotel.

DYNA MEMBER EVENT Registration:

NON-REFUNDABLE DYNA REGISTRATION FEE:

A per person event registration fee is assigned and is non-refundable. See Form # 1 for fee amount.

Make your check payable to DYNA, Inc. and submit with the necessary forms. Donations toward the event will also be graciously accepted with your registration.

NECESSARY FORMS:

There are **3** forms that you are required to submit to DYNA.

FORM # 1 - DYNA REGISTRATION FORM

FORM # 2 - MEDICAL INFORMATION FORM

FORM #3 - EVENT AUTHORIZATION FORM

Mail fees and all 3 completed forms and your check to:
DYNA, Inc. Summer Chill
1301 Greengate Court
Waldorf, MD 20601

We regret that we are unable to offer DYNA members sponsorship to this event. If you require financial assistance we suggest that you contact your local civic organizations/churches/synagogues.

- ◆ We have the use of an indoor and outdoor pool. Dysautonomia children sunburn very easily. If you use the outdoor pool, please wear sun screen. Sunburn can be very dangerous and can set you back medically.
- ◆ No child is allowed in the pool area without parent(s) full supervision. No exceptions.
- ◆ Heated whirlpools/hot tubs are NOT recommended for dysautonomia patients.
- ◆ DYNA has members with different conditions, different degrees of each condition, and different stage of illness. Please be aware of this when talking to each other. Each child may respond to treatment differently, and their treatment options will be different. What works for one, won't work for all. When talking to each other, please remember this.
- ◆ Please keep serious medical conversation between adults. Be aware that young children may be in earshot. Not every child may have been exposed to the same level of candor as your child.
- ◆ You must have reasonable symptom control in order to attend this event. If you become sick during a function or feel too ill to participate, you will be asked to go to your room to rest. It is in everyone's best interest (including your own) that you rest when you are not feeling well.
- ◆ All DYNA youth members should bring a pair of silly looking bedrooms slippers for our "Goofy Slipper" Lecture.

GUIDELINES:

- ◆ All event attendees must wear their name tags at all times outside their hotel room (this includes family members).
- ◆ No DYNA member under the age of 21 shall be allowed to attend the Summer Chill without their own parent or legal guardian.
- ◆ Parent(s) are responsible for their child's safety at all times..
- ◆ Parent(s) should not leave the hotel grounds without their child or children. Children are not to be left unsupervised.
- ◆ Parent(s) must be available at all times in case of an emergency. Please make sure that you have your room number and cell phone number on the back of your child's name tag.
- ◆ Youth should not walk in the hotel alone and should always have a buddy or parent with them or watching them.
- ◆ Due to the degree of illness associated with our attendees and the symptoms experienced, we very strongly discourage hotel room sharing with other families and other youth members. Past experience has proven this to be a mistake. Please attempt to get your own hotel room.
- ◆ No DYNA member under the age of 21 shall be allowed to stay in the same hotel room with another member unless both members parents are present (or aware).
- ◆ Hotel registration policies and age restrictions must be respected. All individuals in the hotel room must be confirmed with the hotel upon registration and guest-per-room fees apply.
- ◆ We do not encourage our members to be up socializing at 1 AM! **All youth members should be in their hotel rooms by midnight.** If you have insomnia – please have it in your room by yourself. We want as many kids as possible on their feet the next day. If you stay up all night – this won't happen. It is often very tempting for those with insomnia to keep others up as well. **Please** don't do this – it affects the entire event when our members do not get enough sleep and rest time.

- ◆ For the sake of the health of our members, top priority in our event planning is given to the medical necessities of the majority of DYNA members. Due to the often numerous special requests, we are unable to accommodate individual special needs. Those with special diets or requirements should come prepared and will be responsible for their own special accommodations.
- ◆ Pets are prohibited at Embassy Suites but are allowed at the adjoining Homewood Suites. Due to the severe allergies of some DYNA members, dogs are prohibited from attending DYNA functions. Unless absolutely medically necessary, service dogs are not be brought into the activities (including the Hotel Atrium, Breakfast Area and Banquet Rooms) during group events. If you have a service dog that must be with you at all times, we request a written note from your dysautonomia physician that states that it is absolutely medically necessary for the dog to be with you during functions that other children with severe allergies will be attending.
- ◆ We request that you wear no heavy scents or perfumes to our functions.
- ◆ Smoking is not allowed in the public areas of the hotel.
- ◆ DYNA members are responsible for maintaining their fluid intake at all times. Parents are responsible for making sure their children drink enough and take their medications.
- ◆ Please wear shirts and shoes in all public areas of the hotel. Non-slip shoes are recommended in the pool area.

- ◆ DYNA members are not here to baby sit small children (young siblings or children). All young children must be fully supervised by the parent or spouse/relative of DYNA member. (If the DYNA member has a young child, the child must remain with spouse/relative during events.)
- ◆ In DYNA...we never plan activities in the morning as we know it does not work well for our members. Members should take their time in the morning to start the day off on the right foot. Please get breakfast together as a family - if your child is not feeling well you may take food to your room.
- ◆ Conduct and behavior must conform to the rules of the Hotel and should not be offensive or disturbing to other guests (no running and shouting, playing in elevators, slamming doors, loud music. etc.) Please be respectful.
- ◆ DYNA has a strict no alcohol/no illegal drug policy for our youth members. All DYNA members must observe it. Any youth member found drinking alcohol (regardless of age) or in possession of illegal drugs will be removed from membership, asked to leave the function immediately, and will not be issued a refund.
- ◆ The hotel offers a Manager's Reception for all paying hotel guests. They serve beverages that include alcoholic beverages. All DYNA youth members (regardless of their age) should be aware that our no alcohol rule is applicable at all times.
- ◆ We respectfully ask that parents and family members of DYNA members who partake of alcohol do so in strict moderation and set a positive example for the youth in our organization.